

# American Lasagna

## AMERICAN LASAGNA

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COOKING: THIS IS COOKED ON A STOVE TOP AND BAKED  
PREHEAT OVEN TO 375 DEGREES

### ORIGINAL SOURCE

– INGREDIENTS –

1 1/2 pounds lean ground beef  
1 onion, chopped – (PREP)  
2 cloves garlic, minced – (PREP)  
1 tablespoon chopped fresh basil – (PREP)  
1 teaspoon dried oregano  
2 tablespoons brown sugar  
1 1/2 teaspoons salt  
1 (28 ounce) can diced tomatoes  
2 (6 ounce) cans tomato paste  
12 dry lasagna noodles  
2 eggs, beaten  
1 pint part-skim ricotta cheese  
1/2 cup grated Parmesan cheese  
2 tablespoons dried parsley  
1 teaspoon salt  
1 pound mozzarella cheese, shredded  
2 tablespoons grated Parmesan cheese

**Once (PREP) Work Marked Above Complete  
Time to Cook!**

xxxx **UNIT 1 – BEEF/SAUCE** xxxx

In frying pan/Wok Over Medium/High heat

Add: 1 1/2 pounds lean ground beef

Add: 1 onion, chopped

Brown beef

Add: 2 cloves garlic, minced

Cook 2 min

Drain fat, then put back on burner at medium/high heat

Add: 1 tablespoon chopped fresh basil

Add: 1 teaspoon dried oregano

Add: 2 tablespoons brown sugar

Add: 1 1/2 teaspoons salt

Add: 1 (28 ounce) can diced tomatoes

Add: 2 (6 ounce) cans tomato paste

Simmer for 30-45 minutes, stir occasionally

xxxxxxx BOIL NOODLES (UNIT 2 – NOODLES) xxxxxxxxx

Bring water to boil

Add: Salt to taste

Add: 12 dry lasagna noodles

Cook to specifications on pasta box

drain, rinse,

Set aside once cooked

xxxxx UNIT 3 – FILLING xxxxx

In large mixing bowl

Add: 2 eggs, beaten

Add: 1 pint part-skim ricotta cheese

Add: 1/2 cup grated Parmesan cheese

Add: 2 tablespoons dried parsley

Add: 1 teaspoon salt

Mix well to combine

Set aside

xxxxxxx UNIT 4 – LAYER/BAKE/FINISH xxxxxxxxx

Layer the following in 9×13 baking dish

Add: 1/3 Lasagna noodles (UNIT 2)

Add: 1/2 Filling (UNIT 3)

Add: 1/2 pound mozzarella cheese, shredded

Add: 1/3 Beef/Sauce (UNIT 1)

Add: 1/3 Lasagna noodles (UNIT 2)

Add: 1/2 Filling (UNIT 3)

Add: 1/2 pound mozzarella cheese, shredded

Add: 1/3 Beef/Sauce (UNIT 1)

Add: 1/3 Lasagna noodles (UNIT 2)

Add: 1/3 Beef/Sauce (UNIT 1)

Add: 2 tablespoons grated Parmesan cheese to top

Cover in foil

Bake at 375 deg. For 30 minutes